FAQs

# Laser Hair Removal

1. **What is laser hair removal?**

Laser hair removal is a medical aesthetic procedure that provides fast, reliable & significant reduction of unwanted hairwith the use of concentrated laser light.

1. **How does laser hair removal work?**

Laser passes through the skin and is then absorbed by the hair follicle. The absorption increases the temperature which eventually causes destruction of the cells that is responsible for hair to grow.

1. **Is the treatment painful? Is it safe? How long will the treatment take?**

Laser Hair Removal is safe and convenient. During the procedure, you will feel slight almost tiny pinprick sensations,

The sensation is based on your pain tolerance and the area to be treated.

Laser treatment may last from 30 minutes to an hour depending on the area of treatment.

1. **How many treatments I need before I see results and how long will it stay?**

You will see immediate results upon your first treatment.

1. **What to do before & after my appointment?**

Area must be shaved 24 hours prior to your appointment.

* The closer the shave the better. If it is your first time, leave a small patch of hair so that your specialist can exam it. (Your Laser Artist will shave it down before beginning the treatment!)
* Bikini services, don’t shave the part where you want to keep the hair.
* No makeup/lotion/deodorant on the day of your appointment (on treatment area).
* Stay out of direct sunlight for at least 3 days prior to your appointment (& 3 days after).
* Do not use self-tanner or spray tan products for at least 2 weeks before your treatment to avoid potential injury.
* Avoid drinking more than 2 alcoholic beverages 24 hours before your treatment.
* Avoid waxing/threading/tweezing in the area for at least 4 weeks. Shaving is ok!

### **Post Care**

* **Redness & Bumps are normal.**  
  Immediately after your treatment, redness & bumps at the treatment area are common; these may last up to 2 hours or longer. It is normal for the treated area to feel like a sunburn for a few hours. You should use a cold compress if the sensitivity continues. If there is any crusting, apply an antibiotic cream. Darker pigmented skin may have more discomfort than lighter skin & may persist longer.
* **Cleanse the area treated gently.**  
  The treated area may be washed gently with a mild soap. Skin should be patted dry & not rubbed during the first 48 hours.
* **No makeup & lotion/moisturizer/deodorant for the first 24 hours.**  
  Keep the treated area clean & dry, if further redness or irritation persists, skip your makeup & moisturizer, & deodorant (for underarms) until the irritation has subsided.
* **Dead hairs will begin to shed 5-30 days after your treatment.**  
  Stubble, representing dead hair being shed from the hair follicle, will appear within 5-30 days from the treatment date. That is normal & they will fall out quickly.
* **Exfoliate to speed up hair shedding.**  
  Anywhere from 5-30 days after the treatment, shedding of the hair may occur & this may appear as new hair growth. It is not new hair growth, but the dead hair pushing its way out of the follicle. You can help the hair come out by washing with a washcloth.
* **Avoid the sun.**  
  Avoid sun exposure to reduce the chance of dark or light spots for 2 months. Use sunscreen (SPF 25 or higher) at all times throughout the treatment period & for 1-2 months following.
* **Do not pick/scratch/wax/thread/tweeze the area.**  
  Avoid picking or scratching the treated skin. Do not use any other hair removal methods or products, other than shaving, on the treated area during the course of your laser treatments, as it will prevent you from achieving the best results.

1. **WHAT HAPPENS TO THE SKIN AFTER LASER?**

You may have some redness and swelling which shows through small bumps on the treated area. However, you may also have some itchiness but just keep moisturizing the area to prevent this from happening.

1. **HOW MANY SESSIONS DO I NEED TO BENEFIT IN THE LASER?**

You need multiple sessions to get the optimum result hence you will start to see changes in texture, amount of hair and slower hair growth after your 3-4 sessions. We highly encourage you to complete the course with gaps between treatments of 4-6 weeks.

Male patients have thicker and darker hair in which may take at least minimum of 12 sessions to get the optimum result in LASER hair removal.

1. **IS LASER HAIR REMOVAL PERMANENT?**

LASER hair removal from a destroyed hair follicle is permanent. However, there are rare cases on which several factors could stimulate new hair growth or regrowth; these factors are changes in hormones, thyroid issues, hair growth medications and getting pregnant.

1. **IS THERE A NEED FOR MAINTENANCE?**

You may need a maintenance course for LASER hair removal depending on your body response from the treatment and your satisfaction. Most commonly, we are having a maintenance session every 2 months – 4 months.

1. **WHY ARE YOU NOT DOING RETOUCH EVERY 1-2 WEEKS AFTER THE LASER SESSION?**

Because once we destroyed your hair follicles with the LASER light, it will take 2-3 weeks before the burnt hair to push its way out from the skin. In rare cases, hair can be visible in 2 weeks but they are ready to fall off from skin surface. Doing LASER on the same area can result in skin irritation may worsen and can lead to skin burns.

1. **DO YOU TREAT LASER ON BLONDE, GREY OR WHITE HAIR?**

Since the laser is attracted to the color in the hair follicle, these hair colors may not have enough pigment to be successfully treated with the laser.

1. **WHAT IS QUANTA THUNDER LASER?**

Quanta Thunder Laser is the most highly advanced technology available for laser hair removal procedures. It has a combined or mixed Laser Technology of Alexandrite and NdYAG Laser, which guarantee both safe and highly effective treatment. The combination technology ensures efficacy but keeping you comfortable during the Laser

Procedure. Quanta has a bigger hand piece and a highly advanced scanner system that covers a larger area in a short period.

1. **WHAT IS CYNOSURE ELITE?**

Cynosure Elite machine is an advanced technology that has a dual Laser system of NDYAG and Alexandrite. ND YAG Laser is highly effective for brown to darker skin types while Alexandrite is highly effective for fair and whiter skin types.

1. **WHAT IS THE DIFFERENCE BETWEEN QUANTA AND ELITE?**

Both Laser machines have advanced technology and highly safe and effective. However, the Quanta Thunder machine has a combined or mixed technology on which we can use both NDYAG and Alexandrite at the same time. Because of that, we can target thick to thin hair types on all skin types and Laser can be done in a very short period. On the other hand, Elite is a technology that targets thicker hair types and commonly suitable for some patients who never had a Laser history before.

1. **WHAT IS THE DIFFERENCE OF QUANTA THUNDER BETWEEN OTHER LASER MACHINES?**

Quanta thunder MT machine has unique and advanced technology:

It has combined Laser technology – combined wavelength of NDYAG and Alex

It has bigger spot sizes and can work on a fast rate

It has a computerized scanner that covers bigger areas.

It has a unique cooling technology that makes the procedure comfortable

1. **CAN LASER REMOVE INGROWN HAIR?**

LASER can help to reduce ingrown hairs because these hairs can still be targeted by the LASER light and be absorbed by the heat.

1. **WHEN IS THE BEST TIME TO SHAVE?**

It is normal that hairs will come out 2 weeks after LASER hair removal before it will shed off. After this period, you can shave already the visible hairs that you can see. Also if it is possible and does not bother you—it is fine to just shave your hairs 2 days prior the scheduled LASER Hair Removal procedure.

1. **WHAT IS SCANNER?**

The Scanner covers wide areas and ideal for surfaced body parts- it guarantees accuracy and speed but comfortable, safe and effective treatment.

1. **WHY I HAVE TO USE SCANNER?**

The Scanner covers wide areas and ideal for surfaced body parts- it guarantees accuracy and speed but comfortable, safe and effective treatment.